

Let's Make Rotary a Priority!

CORTLAND BREAKFAST ROTARY

03.12.2025

Cortlandbreakfastrotary.org

Wednesday

Gina Cusano-McLaughlin: Spotlight on the Cortland YMCA



YMCA calendar of activities:

- 5K race series, starting this Saturday
- Healthy Kids Day (April)
- Pat Ryan Self Challenge (June)
- Swifty Spectacular @ Greek Peak (Sept)
- Run4All Health & Wellness Fair

Since joining the Cortland County Family YMCA in August 2023, Branch Manager Gina Cusano-McLaughlin has been a driving force behind the positive impact the Cortland YMCA continues to have in our community.

The Cortland YMCA has served the region for almost 140 years, first opening its doors in 1888. In that time, the organization has continually adapted to meet changing community needs.

The current facility on Tompkins Street was established in the 1966 and features a pool, fitness center, gym with a climbing wall, food pantry, and childcare spaces.

Current services and programs include:

- Aquatics programs including swim lessons, water aerobics, and open swim sessions. A recent grant award will allow them to provide free swim lessons and lifeguard prep courses in order to help supply the need at Wickwire Pool.
- Fitness facilities with cardio equipment, weight rooms, and group exercise classes
- Use of the gym for various activities including pickleball
- Youth sports teams (swim & gymnastics) and summer camps
- Koei-Kan Karate
- Before- and after-school childcare programs

President: Jackie Burke

Front Desk: Dianne Higgins,
Bob Martin

Thought of the day:

Pat Clune

Birthdays:

Sophie Clough (3/15)

Anniversaries:

None

Attendance: 18 (3 via Zoom)

Guests:

Gina Cusano-McLaughlin

Nishi Kadvani

Raffle winner:

Jeremy Boylan

Happy Dollars



Jessie Farrell: Son is celebrating 18th birthday in Florida!

Laurie Comfort: Booked a vacation for May.

Nishi Kadvani: Had an amazing time in Hawaii, only rained on the last day, otherwise enjoyed the heat and almost didn't want to leave!

Bob Martin: Cleveland Cavaliers have had their 15th win of the season.

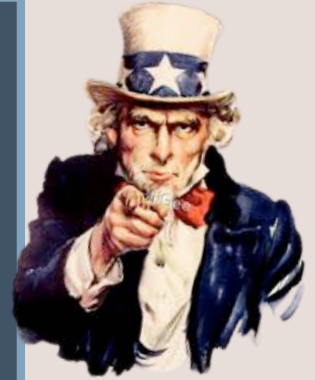
Conrad Janke: Welcome to Gina, and welcome back Nishi!

Announcements:

- First announcement of the prospective membership of Chief Robert Pitman.
- Cortland ReUse- seeking sign-ups for help during the Red Dragon ReUse event in May.
- Ride for Rotary- will now be known as Rotary Community Day in an effort to encourage more public involvement. To be held at the Homer community building on June 7th.
- Spring Clean-Up sign-ups- see link to sign up online on page 3. Don't miss your chance to win the highly coveted, prestigious award!
- No morning meeting March 26th- join us at the Elks for a three-club social dinner event!



Feeling creative?
We are looking to update
our banner and want
YOUR design suggestions!



Spring Cleanup



[Click here to sign up for a team!](#)

CBRC members head out as soon as the snow is off to assist local senior citizens with spring yard work.

CORTLAND BREAKFAST & NOON,
AND TULLY ROTARY CLUBS

WEDNESDAY MARCH 26TH MEETING

AT THE CORTLAND ELKS
COCKTAILS @5:45PM

\$20 per person
Non-spouse guests:
Free

Speaker:
CNY President
Lizzy Martin



Wednesday, March 26th

No Morning Meeting!



Join us at the Cortland Elks for a three-club special meeting!

\$20 per person, non-spouse guests are free!

Bring prospective members to learn about what Rotary is all about!

Menu: House salad, chicken parm,
roasted potatoes, stuffed shells, apple crisp.