

The Friendliest Club in the District!

CORTLAND BREAKFAST ROTARY

12.04.2024

Cortlandbreakfastrotary.org

Wednesday

“Can’t be an expert in someone else’s community”



Jena Nicols Curtis is a Professor of Health at SUNY Cortland. She received her doctorate in Health Education from Columbia University in 2005. Jena's work at SUNY Cortland focuses on improving the sexual health and well-being of disadvantaged groups both in the United States and internationally. For the past 15 years Jena, has traveled to Southern India with undergraduate students from colleges and universities from across the U.S. During the month-long summer program students work with local NGO's to address maternal and child health issues identified by local stakeholders.

Since 2010, Jena Nicols Curtis, Professor of Health at SUNY Cortland, has been bringing students to India to conduct public health research, including documenting the needs and methods of providing health care to disadvantaged communities. The HEAR (Health Equity Action Research) program which began in 2010 as an AIDS education initiative, provides students the opportunity to learn about health care in India, including traditional medicine and wellness, and the approach to holistic health. Through their experiences in India, the students are able to meet people who have challenges staying healthy and being well that they've never experienced, leading to a change in how they think about their neighbors and being able to recognize what other cultures do well. The goal is for the group is to act as helpers, turning over their data to local organizations given that "you can't be an expert in someone else's community."

For the first time, the upcoming trip will offer the same opportunities to alumni. Joining in on the trip are 11 alumni spanning graduation years from 1978 to 2023. Jena is looking forward to discovering how such an inter-generational group will interact during this adventure.

[Learn more about the upcoming trip here](#)

Annual Loaves & Fishes Holiday Food Basket event will be held on Friday, December 20th, from 3:30-5:00pm. We are looking for five (5) CBRC volunteers to oversee the Interact Club members who will be helping on the serving line.

Please respond to Dianne Higgins by 5:00pm this Friday.

President: Jackie Burke

Front Desk: Kathie O'Mara,
Patrick Clune

Thought of the day:

Jim Dempsey

Anniversaries:

Ariel Herrera-Molina (1 year)

Guests:

Jena Curtis

Chris Boylan

Mark Martin

Nishi

Raffle: Conrad Janke

Attendance: 25

Happy Dollars



Dianne Higgins: Great niece, Maven, born to nephew Morgan DuBois

Dick Kroot: Appreciated the Cortland Standard article on Manny Medeiros

Kurt Behrenfeld: Happy for the snow and Christmas season

Mark Roberts: Daughter expecting a new girl in June

Joanne Sautter: Happy to be here

Mike May: Enjoyed trip to Raleigh to visit grandchildren

Jeremy Boylan: Happy for our guest

Chris Boylan: Advertising for raffle tickets the Homer baseball team is selling to help fund a trip to Baltimore; \$10/ticket, drawing to be held Sunday.

Vote for next year's Board of Directors! Pick eight names by Tuesday, 12/10.

The annual Salvation Army Dollar Drop this Friday!



[Click here to vote](#)

During the Holiday Season more than ever, our thoughts turn gratefully to those who have made our progress possible. And in this spirit we say, simply but sincerely, Thank You and Best Wishes for the Holiday Season and a Happy New Year!

YOUR FRIENDS AT CATHOLIC CHARITIES OF CORTLAND COUNTY



HOMER SOFTBALL AND BASEBALL FALL 'FUN' DRAISER

Buy a ticket to possibly win one of the following gift certificates!



- The Exchange - \$50, \$30
- Dashers - \$50
- HoBos - \$20
- So Good - \$20
- Nicky C's - \$20
- Cross Fit - \$120
- Google Play - \$20
- Burger King - \$10
- Grand Union - \$20
- Sinfully Sweet - \$25
- Willow Brook - \$160
- Blazin Nutrition - \$35

- Gorgers - \$50
- 281 Bowl - \$50
- Texas Rhouse - \$50
- Community - \$30
- Dunkin - \$25
- Marshalls - \$50
- Ultimate Image - \$50
- Avanti Beauty Gift Basket - \$100
- Homer Men and Boys - \$25, \$50
- Starbucks - \$25
- Homer Elks - \$50, \$50

Holiday activities at our local museums!



At Cortland County Historical Society!

Holiday Model Train Day & MODEL TRAIN SALE

Saturday, Dec. 14, 2024, 10am-3pm

CNY Living History Center, 4386 US Rte. 11, Cortland, N.Y.



ACTIVITIES FOR THE WHOLE FAMILY

Interactive Holiday Train Displays, Special Train Snack, Holiday Ornament Crafts

MODEL TRAIN SALE

Dozens of used train cars & locomotives

HO & O Gauge (some in original boxes), O & O27 Track, & more

The 1890 House
presents its annual
Wassail Party



Celebrate the joy of the season!

Sunday, December 8th from 12:00pm to 4:00pm
at the 1890 House, 37 Tompkins St., Cortland



Festivities to include:

12:00pm to 4:00pm

- Open House (all floors)
- Festive Fare
- Traditional Wassail Punch

12:00pm to 1:30pm Santa Claus

2:00pm to 3:00pm CNY Flute Choir

2:30pm to 4:00pm Buddy the Elf

*Free
and Open to the Public*



IT'S NOT EVEN AN INCH
HIGH! WHAT GOOD IS LESS
THAN AN INCH OF SNOW?!



WILSON 12-26

