

02.05.2025

Cortlandbreakfastrotary.org

Wednesday

Spreading awareness & combating the stigma surrounding Alzheimer's disease





This week, Pamela Baker Gratton, presented to CBR about the Alzheimer's Association CNY Chapter, which is working hard to spread awareness about Alzheimer's and other dementia to communities in Central New York, and provide services to those individuals either living with the disease or to the caregivers of loved ones with it. There are 440,000 people in New York (7 Million Nationally) living with some form of dementia. Dementia is merely a symptom with many potential diseases that may cause it, one of which is Alzheimer's, a disease for which there are currently more questions than answers about the cause or cure. We are entering the treatment phase with promising advancement in research and new medications. Pamela emphasized the importance of bringing education to communities to help increase the rate of early, correct diagnoses that can help lead to these treatments sooner. The Alzheimer's Association CNY Chapter is seeking Volunteers to assist with the mission in many ways, contact Pamela for more information.

"Pamela Baker Gratton- a native of Rochester, NY, has devoted her career to creating meaningful change in the non-profit sector. Armed with a Bachelor of Science in Education-Communication from SUNY Fredonia and a Master of Science in Education-Administration from SUNY Buffalo, Pamela has been a passionate advocate for education and community engagement.

As a Non-profit Manager, Pamela has contributed significantly to several esteemed organizations, including Upstate Medical University, the American Red Cross of Cayuga County, Junior Achievement of NY, and the Alzheimer's Association of CNY, where she has been a key leader for the past five years. Her dedication to collaborating with volunteers has made a lasting impact, strengthening programs that support and uplift communities.

Pamela's dedication extends beyond her professional roles through her active involvement in the Auburn Rotary Club. Over the past decade, her leadership roles have included serving as Club Program Chair since 2014, Club Vice President from 2021-2022, and Club President during the 2022-2023 term. Looking ahead, Pamela is excited to take on the role of CNY Rotary President in 2026-2027."

CORTLAND BREAKFAST ROTARY

President: Jackie Burke

Front Desk: Dianne Higgins, Jessie Farrell

Thought of the day:

Jessie Farrell **Birthdays:** Don Ferris (2/7) Mike Eves (2/8) **Anniversaries:** Joanne Sautter (2/8/2006)

Attendance: 19 (3 via Zoom) **Guests:** Pamela Gratton Vivian Bosch

Raffle winner: Mike May

Announcements:

- (2/15) Regina Grantham memorial service at Grace and Holy Spirit Church @ 1pm.
- (2/23) Rotary Birthday Extravaganzacelebrating 120 years. Pick a party near you! Register by 2/17.
- (3/1) Rotary Leadership Institute in Johnson City, meals provided by Owego Kitchen. Opportunity to carpool with Conrad Janke and Mark Roberts!
- CNY Rotary Conference April 4-6
- Ride for Rotary- forthcoming meeting to further discuss future direction.
- Looking for members to join the Youth Exchange committee. Contact Karen DeWitt or Jackie Burke if interested.

Happy Dollars



Mark Roberts: Going for the next level at RLI, enjoys the opportunity to hear what other clubs are accomplishing. Encourages others to join to fill up the car!

Conrad Janke: Looking forward to the March 26th meeting at Cortland Elks.

Matt Banazek: Rotary Hockey League.

Pat Clune: For surviving the Rotary Hockey League.

Glenn Reisweber: Thank you to Vivian Bosch, the army of one, for the work she is putting into the Imagination Library.

Joanne Sautter: Happy for the Imagination Library program.

Don Ferris: Remembered the name of Homer's five & dime: Clarke Bros. and happy for Homer Men & Boys braces (twinning with Mayor Pat!)

Mike May: Hoping to hear about a Rotary Bowling League soon!

Vivian Bosch: Happy to be here, even though it meant getting up early.

Mike Shafer: For Sophie's work on the newsletter, and contribute \$100 on behalf of Rotary to the Imagination Library.

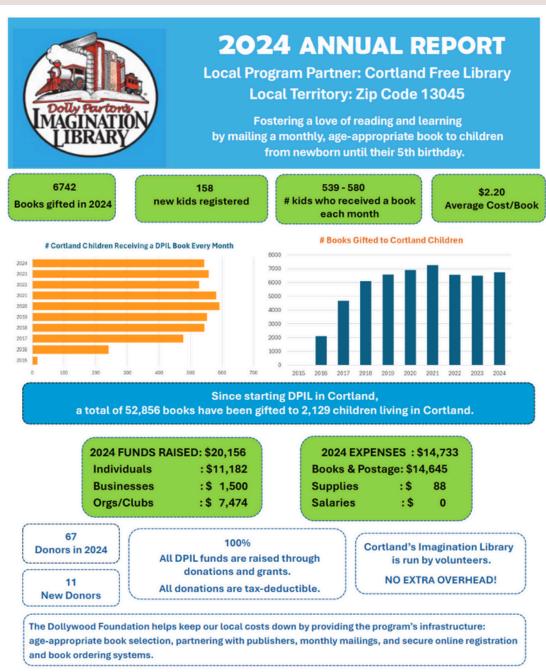
Jackie Burke: For the newsletter, and for Don remembering Clarke Bros.

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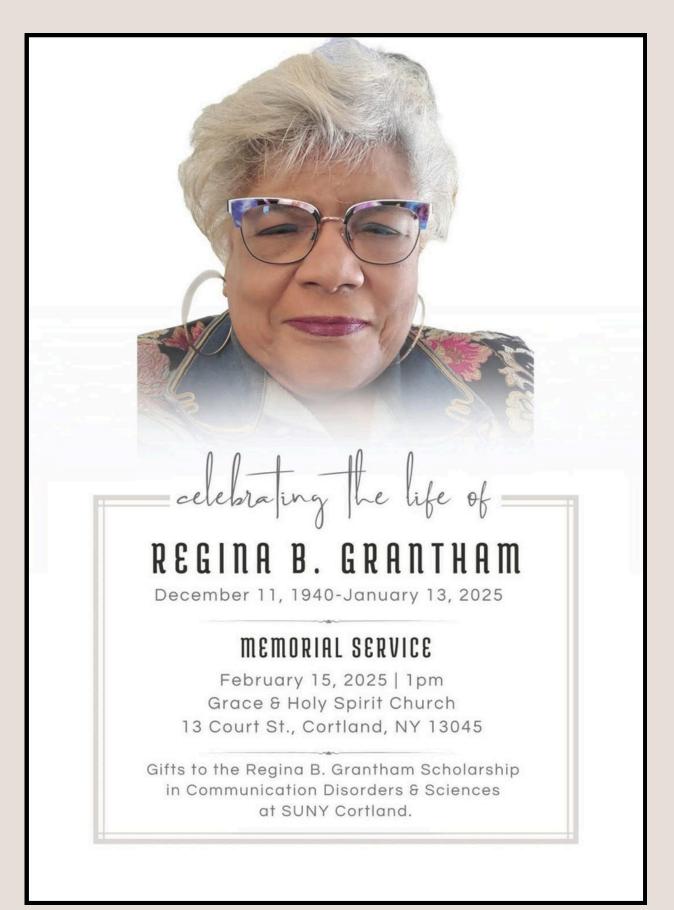
Update from Vivian Bosch on Cortland's Dolly Parton Imagination Library!



Dream More, Learn More, Care More, Be More™

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Pick a party near you! Register by 2/17.



HILTON DOWNTOWN ALBANY APRIL 4-6, 2025

<u>Learn more here</u>

CORTLAND BREAKFAST & NOON, TULLY, AND WHITNEY POINT ROTARY CLUBS

WEDNESDAY MARCH 26TH MEETING At the cortland elks @ 6PM

\$20 per person Non-spouse guests: Free

Speaker: CNY President Lizzy Martin

